

OPENING TIMES

Monday	8.30am - 5pm
Tuesday	8.30am - 5pm
Wednesday	8.30am - 5pm
Thursday	8.30am - 7pm
Friday	8.30am - 5pm
Saturday	8.30am - 4pm

NEXT APPOINTMENT

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Appointments not always necessary




7 Meads Street, Eastbourne
East Sussex, BN20 7QY
Tel: 01323 738738
www.strands-meads.co.uk

PRICE LIST

HOLISTIC THERAPIES

Back, neck and shoulder massage (30 mins)	£25.00
Full body massage (60 mins)	£40.00
Indian head massage (45 mins)	£31.00

FACIALS

Skintruth Express (30 mins)	£24.00
Skintruth (45 mins)	£30.00
Skintruth Luxury (60 mins)	£36.00

BROWS & LASHES

Eyebrow wax	£10.00
Eyebrow tint	£8.00
Hi Definition brows	£23.00
Eyelash tint	£14.00
Lash and brow tint	£20.00

WAXING

Half leg wax	£17.00
Full leg wax	£24.00
Lip wax	£6.00
Chin wax	£6.00
Lip and chin wax	£10.00
Underarm wax	£10.00
Bikini wax (knicker line)	£14.00
Chest wax	£14.00
Back wax	£20.00

HANDS & FEET

OPI file and paint hands or feet	£12.00
Mini manicure	£16.00
OPI manicure	£20.00
OPI luxury manicure	£26.00
No polish pedicure	£18.00
OPI pedicure	£22.00

OPI luxury pedicure	£27.00
Add on gel to luxury manicure or pedicure	£6.00
CND Shellac manicure or pedicure	£26.00
Non-client gel removal and mini manicure	£15.00
Gel removal applied at Strands	£7.50
Gel removal and re-applied non-client	£36.50

FOOT CARE

(doesn't include polish)

OPI added	£4.00
Gel added	£6.00
Footlogix foot loose	£20.00
Footlogix medi pedicure	£30.00

Please give 24 hours notice for any cancellation, as a charge may be incurred,